

Choco Fever Dream

Cream Cheese Fruit Dip – Easy Snack

10 min Prep time	**10 min** Total time	**4** Servings
Easy Difficulty	**American** Cuisine	**Snack** Course

Ingredients

Dip Base

- [ ] 8 oz cream cheese, softened
- [ ] 1/2 cup Greek yogurt
- [ ] 2 tbsp honey
- [ ] 1 tbsp fresh lemon juice
- [ ] Pinch of salt

For Serving

- [ ] 1 cup mixed fresh fruit (strawberries, grapes, apple slices, blueberries)
- [ ] Optional: extra honey drizzle

Instructions

1. In a medium bowl, combine the softened cream cheese and Greek yogurt; I mean, use a whisk and beat until the mixture is smooth and airy.
2. Add honey, lemon juice, and a pinch of salt; stir gently, tasting as you go – honestly, adjust the honey if you like it sweeter.
3. Cover the bowl and chill for about 5 minutes while you prep the fruit.
4. Arrange the fresh fruit on a platter, spoon the dip into a small bowl, and serve together.
5. If desired, drizzle a little extra honey over the dip for a glossy finish.

Nutrition per serving

180 kcal	5 g	18 g	10 g
Calories	Protein	Carbs	Fat

Tips & notes

- Taste the dip before adding fruit; different fruits bring varying levels of sweetness.
- For a brighter flavor, add a dash of orange zest.
- Serve at room temperature for the creamiest texture.